

Intent Statement for Social, Emotional and Mental Health (SEMH)

Moral Purpose

At Batley Multi Academy Trust we are passionate about making a difference to the lives of all our learners, as they are at the heart of everything we do.

We believe in teamwork; as we know together everyone achieves more. We work collaboratively across our Trust family of schools to share knowledge for best practice and support our colleagues, learners and their families.

We are committed to ensuring that every member of our school community grows and develops. Whatever issues our learners, their families, our schools, our teams or our community face, we always listen, support, pull together and find solutions to any problems which may arise.

Ultimately, we are committed to making a difference; we are not passive players in our learner's lives but rather, we are active participants who can, and do make a real difference. This reflects our Trust's core values and vision that we are committed to providing a first class education coupled with high-quality care, guidance and support, because our children deserve the best.

In summary, our moral purpose is focussed on:

- Teamwork
- Determination
- Commitment
- Respect
- Inclusivity

Mental Health Definition

"Mental health is a state of wellbeing in which an individual realises his or her own abilities, can cope with the normal stresses of life, can work productively and is able to make a contribution to his or her community." *World Health Organisation, 2018*

What supporting positive Mental Health means to us:

- The learner remains at the centre of every conversation
- We embed social, emotional and mental health awareness across the curriculum
- Young people are taught skills to build resilience and manage everyday stressors
- We offer counselling in our schools for our young people
- Supporting staff wellbeing, resilience and mental health
- Our highly trained Pastoral Teams lead on evidence-informed practice for all our bespoke interventions and support
- We prioritise those who need our help most and we promote positive mental health with everyone.

How we ensure best practice:

- Notes are kept up to date
- Staff read and understand section one of Keeping Children Safe in Education
- Staff know our policies and procedures. In particular, our behaviour, attendance and safeguarding policies and protocols
- The wider Trust community has an active voice about SEMH
- We monitor SEMH interventions in our schools and adjust where necessary
- All learner facing staff have support to effectively work with young people's SEMH needs
- Speaking to each other with courtesy, respect and empathy is essential and modelled by all staff at all times.