

Week	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1	Pol-Ed: How can we keep our things safe?	Pol-Ed: What is my personal identity?	Pol-Ed: How can drugs and alcohol make people feel?	Pol-Ed: What can and can't I do on the internet?	Pol-Ed: How can my adult relationships affect my future?	Pol-Ed: What is media influence?
2	Pol-Ed: How can we use our phones?	Pol-Ed: How might being online impact the way I feel?	Pol-Ed: what is media literacy?	Book Week	Pol-Ed: How do words have power?	Pol-Ed: What is peer pressure?
3	Pol-Ed: What are deep fakes?	Anti-Bullying Week - Breaking the Silence	INSET Day	Pol-Ed: What is gambling?	Pol-Ed: What are my personal boundaries?	Families and people who care for me Characteristics of a healthy family life
4	Pol-Ed: What are the risks with money?	Pol-Ed: What if my friends are making me sad? (Y1) Why is name calling unkind? (Y1)	Pol-Ed: How do rules help our community?	Careers Week	Pol-Ed: What are online friendships?	Identity, society and equality Stereotypes, discrimination and prejudice
5	Pol-Ed: What do I know about drugs?	Pol-Ed: How might my activity levels impact the way I feel	Children's Mental Health Week		Pol-Ed: What is grooming?	Identity, society and equality Discrimination (including tackling homophobia)
6	Pol-Ed: Why are our special people important?	Pol-Ed: How might school impact the way I feel?	Internet Safety Day – Too Good to be True		School adapted lesson: How does puberty effect the way I feel?	Keeping safe and managing risk When things go wrong
7	Black History Week	Asian Achievement Week				
8						
Stand alone	Fire Safety – Bonfire Night Be Bright Be Seen Road Safety assembly	Bikeability (every other year)			First Aid and First Journey sessions	Fire Safety
Careers	Inspiring pupils to work in STEM					
Assemblies	Whole school - empathy	Whole school - sleep	Safeguarding /NSPCC	Consequences – whole school assembly	Safe hands – whole school assembly	NSPCC - PANTS
DT and PE	How does exercise help me? How can I look after my body?					What does it mean to be healthy? How can I look after my body?

Additional resources: Young Citizens; Barclays Lifeskills; Primary Futures; 52 Lives; St John's Ambulance; NHS careers